

What will our pupils know and be able to do by the time they leave St Mary's?

By the end of Year 6, pupils at St Mary's Catholic Primary School will:

Relationships and Respect

- Build and maintain positive, respectful relationships based on kindness, honesty, trust and forgiveness.
- Understand the importance of family, friendship and belonging within a range of communities.
- Demonstrate respect for themselves and others, recognising and celebrating differences.
- Recognise unhealthy relationships, bullying and discrimination, and know how to seek help and support.

Health and Wellbeing

- Understand how to maintain good physical and mental health through healthy lifestyle choices.
- Recognise and manage a range of emotions using positive coping strategies.
- Know how to access support for their mental health and emotional wellbeing.
- Understand the importance of personal hygiene, sleep, exercise, healthy eating and self-care.

Keeping Safe

- Recognise risks in everyday situations and make informed decisions to keep themselves safe.
- Understand personal boundaries, consent and their right to bodily privacy.
- Know how to identify abuse, unsafe situations and inappropriate behaviour, both online and offline.
- Demonstrate age-appropriate first aid knowledge and know how to ask for help in an emergency.

Online Safety

- Use technology safely, respectfully and responsibly.
- Understand how information is shared online and how to protect their personal information.
- Recognise online risks, including cyberbullying, inappropriate content and pressure from others.
- Know where and how to report concerns and seek support online.

Growing and Changing

- Understand the physical and emotional changes that occur during puberty.
- Develop a positive understanding of their own identity, uniqueness and worth.
- Know how human life develops from conception through to adulthood in an age-appropriate and faith-based context.
- Demonstrate increasing independence, responsibility and resilience as they prepare for secondary school.

Living in the Wider World

- Understand their responsibilities as members of local, national and global communities.
- Show compassion, service and care for others, reflecting Catholic Social Teaching.
- Recognise the importance of protecting the environment and contributing positively to society.
- Make thoughtful decisions that reflect Gospel values and the common good.

Catholic Life and Mission

- Recognise that every person is uniquely created and loved by God.
- Understand that they are called to love, serve and care for others.
- Appreciate the importance of community, dignity, respect and social justice.
- Be equipped to live out the values of the Gospel in their daily lives and relationships.