

YEAR 5 - PSHE/RSHE - CLASS PLAN

AUTUMN	KEEPING/STAYING SAFE UNIT CORE COMPREHENSIVE TOPICS Peer Pressure Adults' & Children's Views OPTIONAL RESOURCES Peer Pressure Extension Being safe - Simply RSHE	BEING RESPONSIBLE UNIT CORE COMPREHENSIVE TOPICS Looking Out for Others Adults' & Children's Views OPTIONAL RESOURCES Looking Out for Others Extension General wellbeing - Simply RSHE	FEELINGS AND EMOTIONS UNIT CORE COMPREHENSIVE TOPICS Anger Adults' & Children's Views OPTIONAL RESOURCES Anger Extension General wellbeing - Simply RSHE
SPRING	KEEPING/STAYING HEALTHY UNIT CORE COMPREHENSIVE TOPICS Smoking Adults' & Children's Views OPTIONAL RESOURCES Smoking Extension Drugs, alcohol, tobacco and vaping - Simply RSHE	GROWING AND CHANGING UNIT CORE COMPREHENSIVE TOPICS Puberty Adults' & Children's Views OPTIONAL RESOURCES Puberty Extension Developing bodies - Simply RSHE	COMPUTER SAFETY UNIT CORE COMPREHENSIVE TOPICS Image Sharing Adults' & Children's Views OPTIONAL RESOURCES Image Sharing Extension Online safety and awareness - Simply RSHE
SUMMER	A WORLD WITHOUT JUDGEMENT UNIT CORE COMPREHENSIVE TOPICS Inclusion & Acceptance Adults' & Children's Views OPTIONAL RESOURCES Inclusion & Acceptance Extension Families and people who care for me - Simply RSHE	THE WORKING WORLD UNIT CORE COMPREHENSIVE TOPICS Enterprise Adults' & Children's Views OPTIONAL RESOURCES Enterprise Extension NO Simply RSHE Links	FIRST AID UNIT CORE COMPREHENSIVE TOPICS First Aid Year 5 (Part 1 & 2) OPTIONAL RESOURCES First Aid Year 5 (Part 1 & 2) Extensions Basic first aid - Simply RSHE