

YEAR 4 - PSHE/RSHE - CLASS PLAN

AUTUMN	KEEPING/STAYING SAFE UNIT CORE COMPREHENSIVE TOPICS What I Know Now Cycle Safety OPTIONAL RESOURCES Cycle Safety Extension Personal safety - Simply RSHE	BEING RESPONSIBLE UNIT CORE COMPREHENSIVE TOPICS What I Know Now Coming Home on Time OPTIONAL RESOURCES Coming Home on Time Extension Respectful, kind relationships - Simply RSHE	FEELINGS AND EMOTIONS UNIT CORE COMPREHENSIVE TOPICS What I Know Now Jealousy OPTIONAL RESOURCES Jealousy Extension General wellbeing - Simply RSHE
	KEEPING/STAYING HEALTHY UNIT CORE COMPREHENSIVE TOPICS What I Know Now Healthy Living OPTIONAL RESOURCES Healthy Living Extension Healthy eating - Simply RSHE	GROWING AND CHANGING UNIT CORE COMPREHENSIVE TOPICS What I Know Now Relationships OPTIONAL RESOURCES Relationships Extension Being safe - Simply RSHE	COMPUTER SAFETY UNIT CORE COMPREHENSIVE TOPICS What I Know Now Online Bullying OPTIONAL RESOURCES Online Bullying Extension Wellbeing online - Simply RSHE
	A WORLD WITHOUT JUDGEMENT UNIT CORE COMPREHENSIVE TOPICS What I Know Now Breaking Down Barriers OPTIONAL RESOURCES Breaking Down Barriers Extension Respectful, kind relationships - Simply RSHE	THE WORKING WORLD UNIT CORE COMPREHENSIVE TOPICS What I Know Now Chores at Home OPTIONAL RESOURCES Chores at Home Extension General wellbeing - Simply RSHE	FIRST AID UNIT CORE COMPREHENSIVE TOPICS What I Know Now First Aid Year 4 OPTIONAL RESOURCES First Aid Year 4 Extension Basic first aid - Simply RSHE