

## EYFS Life To The Full: Spring 2

<b>NURSERY</b>	<b>CREATED TO LOVE OTHERS</b>	<b>KEEPING SAFE</b>	EYFS.2.3.1	Safe Inside and Out	About safe and unsafe situations indoors and outdoors, including online.		
					That they can ask for help from their special people.		
			EYFS.2.3.2	My Body, My Rules	To know they are entitled to bodily privacy		
					That they can and should be open with 'special people' they trust if anything troubles them		
			EYFS.2.3.3	Feeling Poorly	That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest		
					Medicines should only be taken when a parent or doctor gives them to us.		
			EYFS.2.3.4	People Who Help Us	Medicines are not sweets.		
					We should always try to look after our bodies because God created them and gifted them to us.		
					There are lots of jobs designed to help us.		
					Paramedics help us in a medical emergency.		
			First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance				

<b>RECEPTION</b>	<b>CREATED &amp; LOVED BY GOD</b>	<b>EMOTIONAL WELLBEING</b>	EYFS.1.3.1	I Like, You Like, We All Like	That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc)		
					That it is natural for us to relate to and trust one another		
			EYFS.1.3.2	Good Feelings, Bad Feelings	A language to describe their feelings		
					An understanding that everyone experiences feelings, both good and bad		
					Simple strategies for managing feelings		
			EYFS.1.3.3	Let's Get Real	Simple strategies for managing emotions and behaviour		
					That we have choices and these choices can impact how we feel and respond.		
			We can say sorry and forgive like Jesus				



## KS1 Life To The Full: Spring 2

<b>YEAR 1</b>	<b>CREATED TO LOVE OTHERS</b>	<b>KEEPING SAFE</b>	KS1.2.3.1	Being Safe	To understand safe and unsafe situations, including online.
			KS1.2.3.2	Good Secrets and Bad Secrets	The difference between 'good' and 'bad' secrets and that they can and should be open with 'special people' they trust if anything troubles them; How to resist pressure when feeling unsafe.
			KS1.2.3.3	Physical Contact	To know that they are entitled to bodily privacy; That there are different people we can trust for help, especially those closest to us who care for us, including our parents or carers, teachers and our parish priest.
			KS1.2.3.4	Harmful Substances	Medicines are drugs, but not all drugs are good for us. Alcohol and tobacco are harmful substances. Our bodies are created by God, so we should take care of them and be careful about what we consume.
			KS1.2.3.5	Can You Help Me?	They should call 999 in an emergency and ask for ambulance, police and/or fire brigade If they require medical help but it is not an emergency, basic first aid should be used instead of calling 999. Some basic principles of First Aid
<b>YEAR 2</b>	<b>CREATED &amp; LOVED BY GOD</b>	<b>EMOTIONAL WELLBEING</b>	KS1.1.3.1	Feelings, Likes and Dislikes	That it is natural for us to relate to and trust one another; That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc); A language to describe our feelings
			KS1.1.3.2	Feelings Inside Out	Children will have a basic understanding that feelings and actions are two different things, and that our good actions can 'form' our feelings and our character.
			KS1.1.3.3	Super Susie Gets Angry	Simple strategies for managing feelings and for good behaviour; That choices have consequences; that when we make mistakes we are called to receive forgiveness and to forgive others when they do; That Jesus died on the cross so that we would be forgiven.

## LKS2 Life To The Full: Spring 2

<b>YEAR 3</b>	<b>CREATED TO LOVE OTHERS</b>	<b>KEEPING SAFE</b>	LKS2.2.3.1	Sharing Online	To recognise that their increasing independence brings increased responsibility to keep themselves and others safe; How to use technology safely; That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; How to report and get help if they encounter inappropriate materials or messages.
			LKS2.2.3.2	Chatting Online	How to use technology safely; That bad language and bad behaviour are inappropriate; That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; How to report and get help if they encounter inappropriate materials or messages.
			LKS2.2.3.3	Safe in My Body	To judge well what kind of physical contact is acceptable or unacceptable and how to respond; That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and parish priest.
			LKS2.2.3.4	Drugs, Alcohol & Tobacco	Medicines are drugs, but not all drugs are good for us. Alcohol and tobacco are harmful substances. Our bodies are created by God, so we should take care of them and be careful about what we consume.
			LKS2.2.3.5	First Aid Heroes	In an emergency, it is important to remain calm. Quick reactions in an emergency can save a life. Children can help in an emergency using their First Aid knowledge.
<b>YEAR 4</b>	<b>CREATED &amp; LOVED BY GOD</b>	<b>EMOTIONAL WELLBEING</b>	LKS2.1.3.1	What Am I Feeling?	That emotions change as they grow up (including hormonal effects); To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action; What emotional well-being means; Positive actions help emotional well-being (beauty, art, etc. lift the spirit); Talking to trusted people help emotional well-being (eg parents/carer/teacher/parish priest).
			LKS2.1.3.2	What Am I Looking at?	To recognise that images in the media do not always reflect reality and can affect how people feel about themselves.
			LKS2.1.3.3	I am Thankful	Some behaviour is wrong, unacceptable, unhealthy and risky; Thankfulness builds resilience against feelings of envy, inadequacy and insecurity, and against pressure from peers and the media.

## UKS2 Life To The Full: Spring 2

<b>YEAR 5</b>	<b>CREATED TO LOVE OTHERS</b>	<b>KEEPING SAFE</b>	UKS2.2.3.1	Sharing Isn't Always Caring	To recognise that their increasing independence brings increased responsibility to keep themselves and others safe. How to use technology safely. That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others. How to report and get help if they encounter inappropriate materials or messages.
			UKS2.2.3.2	Cyberbullying	What the term cyberbullying means and examples of it; What cyberbullying feels like for the victim; How to get help if they experience cyberbullying.
			UKS2.2.3.3	Types of Abuse	To judge well what kind of physical contact is acceptable or unacceptable and how to respond. That there are different people we can trust for help, especially those closest to us who care for us, including parents, teachers and priests.
			UKS2.2.3.4	Impacted Lifestyles	Understand the effect that a range of substances including drugs, tobacco and alcohol can have on the body. Learn how to make good choices about substances that will have a positive impact on their health. Know that our bodies are created by God, so we should take care of them and be careful about what we consume.
			UKS2.2.3.5	Making Good Choices	Recognise how they may come under pressure when it comes to drugs, alcohol and tobacco Learn that they are entitled to say "no" for all sorts of reasons, but not least in order to protect their God-given bodies
			UKS2.2.3.6	Giving Assistance	The recovery position can be used when a person is unconscious but breathing. DR ABC is a primary survey to find out how to treat life-threatening conditions in order of importance.
<b>YEAR 6</b>	<b>CREATED &amp; LOVED BY GOD</b>	<b>EMOTIONAL WELLBEING</b>	UKS2.1.3.2	Peculiar Feelings	To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action. That some behaviour is wrong, unacceptable, unhealthy or risky.
			UKS2.1.3.3	Emotional Changes	Emotions change as they grow up (including hormonal effects); To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action; About emotional well-being: that beauty, art, etc. can lift the spirit; and that also openness with trusted parents/carers/teachers when worried ensures healthy well-being.
			UKS2.1.3.4	Seeing Stuff Online	The difference between harmful and harmless videos and images; The impact that harmful videos and images can have on young minds; Ways to combat and deal with viewing harmful videos and images
		<b>LIFE CYCLES</b>	UKS2.1.4.1	Making Babies 1	How a baby grows and develops in its mother's womb.
			UKS2.1.4.2	Making Babies 2	Basic scientific facts about sexual intercourse between a man and woman; The physical, emotional, moral and spiritual implications of sexual intercourse; The Christian viewpoint that sexual intercourse should be saved for marriage.
			UKS2.1.4.3	Menstruation	About the nature and role of menstruation in the fertility cycle, and that fertility is involved in the start of life; Some practical help on how to manage the onset of menstruation.