

EYFS Life To The Full: Spring 1

NURSERY	CREATED TO LOVE OTHERS	RELIGIOUS UNDERSTANDING	EYFS.2.1.1	Role Model	We are part of God's family
					Jesus cared for others and wanted them to live good lives like Him
					We should love other people in the same way God loves us
	PERSONAL RELATIONSHIPS		EYFS.2.2.1	Who's Who?	To identify special people (e.g. parents, carers, friends) and what makes them special
					The importance of the nuclear family and of the wider family
					The importance of being close to and trusting of 'special people' and telling them if something is troubling them
			EYFS.2.2.2	You've Got A Friend in Me	How their behaviour affects other people and that there is appropriate and inappropriate behaviour
					The characteristics of positive and negative relationships
					About different types of teasing and that all bullying is wrong and unacceptable
			EYFS.2.2.3	Forever Friends	To recognise when they have been unkind to others and say sorry.
			That when we are unkind, we hurt God and should say sorry.		
			To recognise when people are being unkind to them and others and how to respond.		
			That we should forgive like Jesus forgives.		

RECEPTION	CREATED & LOVED BY GOD	ME, MY BODY AND MY HEALTH	EYFS.1.2.1	I Am Me	We are each unique, with individual gifts, talents and skills.	
						Whilst we all have similarities because we are made in God's image, difference is part of God's plan!
			EYFS.1.2.2	Heads, Shoulders, Knees and Toes	Our bodies are good and made by God	
					The names of the parts of the body (not genitalia)	
	EYFS.1.2.3	Ready Teddy?	That our bodies are good and we need to look after them			
			What constitutes a healthy lifestyle, including exercise, diet, sleep and personal hygiene			



KS1 Life To The Full: Spring 1

YEAR 1	CREATED TO LOVE OTHERS	PERSONAL RELATIONSHIPS	KS1.2.2.1	Special People	To identify 'special people' (their parents, carers, friends, parish priest) and what makes them special; The importance of nuclear and wider family; The importance of being close to and trusting special people and telling them if something is troubling them.			
			KS1.2.2.2	Treat Others Well...	How their behaviour affects other people, and that there is appropriate and inappropriate behaviour; The characteristics of positive and negative relationships; Different types of teasing and that all bullying is wrong and unacceptable.			
			KS1.2.2.3	... and say sorry	To recognise when they have been unkind and say sorry; To recognise when people are being unkind to them and others and how to respond; To know that when we are unkind to others, we hurt God also and should say sorry to him as well; To know that we should forgive like Jesus forgives.			
			YEAR 2	CREATED & LOVED BY GOD	ME, MY BODY AND MY HEALTH	KS1.1.2.1	I am Unique	To learn that we are unique, with individual gifts, talents and skills.
						KS1.1.2.2	Girls & Boy's (My Body)	Our bodies are good; The names of the parts of our bodies (please refer to the Module Overview for important guidance on discussing genitalia); Girls and boys have been created by God to be both similar and different - these differences are physical, emotional and spiritual and together make up the richness of the human family.
						KS1.1.2.3	Clean & Healthy (My Body)	Our bodies are good and we need to look after them; What constitutes a healthy lifestyle, including physical activity, dental health and healthy eating; The importance of sleep, rest and recreation for our health; How to maintain personal hygiene.



LKS2 Life To The Full: Spring 1

YEAR 3	CREATED TO LOVE OTHERS	PERSONAL RELATIONSHIPS	LKS2.2.2.1	Friends, Family and Others..	Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong;
					That there are different types of relationships including those between acquaintances, friends, relatives and family;
					That good friendship is when both persons enjoy each other's company and also want what is truly best for the other;
					The difference between a group of friends and a 'clique'.
		LKS2.2.2.2	When Things Feel Bad	Develop a greater awareness of bullying (including cyber-bullying), that all bullying is wrong, and how to respond to bullying;	
				Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond.	
YEAR 4	CREATED & LOVED BY GOD	ME, MY BODY AND MY HEALTH	LKS2.1.2.1	We Don't Have to be the Same	Similarities and differences between people arise as they grow and make choices, and that by living and working together ('teamwork') we create community;
					Self-confidence arises from being loved by God (not status, etc).
			LKS2.1.2.2	Respecting our Bodies	About the need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do
					Learn what the term puberty means;
			LKS2.1.2.3	What is Puberty?	Learn when they can expect puberty to take place;
					Understand that puberty is part of God's plan for our bodies.
LKS2.1.2.4	Changing Bodies	Learn correct naming of genitalia;			
		Learn what changes will happen to boys during puberty;			
		Learn what changes will happen to girls during puberty.			
LKS2.1.2.5	Discussion Groups				



UKS2 Life To The Full: Spring 1

YEAR 5	CREATED TO LOVE OTHERS	PERSONAL RELATIONSHIPS	UKS2.2.2.1	Under Pressure	Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure.
			UKS2.2.2.2	Do You Want a Piece of Cake?	Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'.
			UKS2.2.2.3	Self-Talk	Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actions; Apply this approach to personal friendships and relationships
YEAR 6	CREATED & LOVED BY GOD	ME, MY BODY AND MY HEALTH	UKS2.1.2.1	Gifts & Talents	Similarities and differences between people arise as they grow and mature, and that by living and working together ('teamwork') we create community; Self-confidence arises from being loved by God (not status, etc).
			UKS2.1.2.2	Girls' Bodies	That human beings are different to other animals; About the unique growth and development of humans, and the changes that girls will experience during puberty; About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately; The need for modesty and appropriate boundaries.
			UKS2.1.2.3	Boys' Bodies	That human beings are different in kind to other animals; About the unique growth and development of humans, and the changes that boys will experience during puberty; About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately; The need for modesty and appropriate boundaries.
			UKS2.1.2.4	Spots & Sleep	How to make good choices that have an impact on their health: rest and sleep, exercise, personal hygiene, avoiding the overuse of electronic entertainment, etc.
			EMOTIONAL WELLBEING	UKS2.1.3.1	Body Image

