

E-School Nurse Video Clinics



Twice weekly **online health support** and advice for **parents**, carers and professionals, **supporting children** and **young people aged 5-19** years old.

Tuesday and Thursday

During school term only

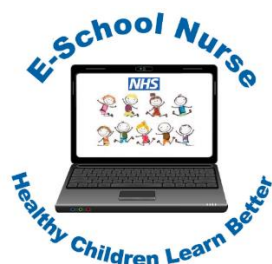
You will be able to talk to the nurse over a live video link that is private, secure, confidential and convenient for you. In consultation with you, the nurse will assess the child or young person's health problem and provide you with the support and advice needed.

For more information on the **E-School Nurse video clinic** please read the information leaflet or visit:

www.cumbria.gov.uk/ph5to19

You can telephone for an appointment

01228 603973 (Monday - Friday 08:00-16:00)



E-School Nurse Video Clinic

Information for service users

What is this about?

The Public Health 5-19 Service in conjunction with Cumbria Health on Call is working with families, schools and other agencies to get a better understanding of how to improve health services using technology. Several health services around the world have used video clinics successfully and we want to continue to learn and develop how best to use them in Cumbria.

Why are we doing this?

E-School Nurse video clinics, will allow us to support parents, carers, head teachers, school staff and other professionals by providing health information, support and advice via a fair and easily accessible digital service across the county.

What is a video clinic?

A video clinic is the same as any other clinic where a patient may see a doctor or a nurse, but instead of face to face, the consultation will take place over a live video link that is private, secure and confidential. The video consultation is not recorded but the service-user will receive an email or written copy of the consultation summary.

A consultation about an identified child or young person can only take place with a parent or carer if they have parental responsibility www.gov.uk/parental-rights-responsibilities.

If a teacher or professional is seeking support on behalf of an identified parent, child or young person this can only take place if the parent or young person has given consent and been provided with this information leaflet. www.nhs.uk/conditions/consent-to-treatment/children/

Please be aware that in order to provide the best care and support for a child the E-School Nurse may contact a child's specialist nurse, paediatrician or other health practitioner. A copy of the consultation summary will be recorded on the North Cumbria Integrated Care (NCIC) child health record and also sent to the child's GP.

Anonymous cases can be discussed and this contact will be recorded on the NCIC database against the school or organisation. An email or written copy of the consultation will be sent to the school or organisation for their own records. If safeguarding concerns are raised the school or

agency will be directed by the E-school nurse to contact the [Cumbria Safeguarding Children Partnership : Cumbria County Council](#)

To ensure that the consultations run to time it is important that each appointment slot is about one **child** and one **health** problem.

A health problem is defined as a physical or mental health difficulty which is affecting a child or young person's ability to access school or everyday activities. Examples could be problems or concerns about:

- General health & development
- Continence – including night or daytime wetting, constipation or soiling
- Weight management – including under/overweight or diet/eating problems
- Substance misuse – including cigarettes, alcohol and drugs
- Sexual health – including puberty, contraception, sexually transmitted infections, sexuality
- Emotional health – including feeling sad, angry, anxious, self-harm, suicidal thoughts
- Existing health conditions – support with accessing services and care planning
- Allergies
- Asthma
- Immunisations

Is there anything different when seeing the E-School Nurse using a video clinic?

The only difference when using live video messaging is that you are not in the same room. As a way of communicating with people, it is no different from the millions of people that use video messaging on their computers and smart phones every day. When you see a nurse through the video clinic everything else is the same, you will talk about the same things, make the same plans, get the same advice and come to an agreement on treatment and care planning, and everyone that needs to be informed will be.

Will anything else happen afterwards?

Your time with the E-School Nurse will end with a clear plan that aims to support the health needs of the child or young person. You will be asked to complete a short questionnaire about your experience. These questionnaires are anonymous. We do keep information about the age, gender and types of problems that attendees need help with but we can assure you that no patient will be personally identified from our data. The information from the consultations and questionnaires is vital to ensure the video clinics work well in Cumbria.

Thank you for reading this information, and we hope it explains the E-School Nurse video clinics. If you have any concerns or questions about seeing a nurse using the video clinic please do discuss this with a member of the South 5-19 Public Health Service.

To book an e-school nurse appointment
Telephone **01228 603973 (Monday-Friday 08:00-1600)**

The link for the video clinic is

<https://nhs.uk/ncic/nchc4>

Contact us

This factsheet has been produced by the Public Health 5-19 service.

www.cumbria.gov.uk/ph5to19

Your E-School Nurse team is based at Flat 17, Flaxman's Court, Westmorland General Hospital, Burton Rd, Kendal, LA9 7RJ. Email: E-schoolnurse@ncic.nhs.uk

Confidentiality

'The Trust's vision is to keep your information safe in our hands.'

We promise to use your information fairly and legally, and in-line with local and national policies. You have a right to understand how your information is used and you can request a copy of the information we hold about you at any time.

For further information contact the Information Governance Team on 01228 608998 or email Information.Governance@ncic.nhs.uk

Feedback

We appreciate and encourage feedback, which helps us to improve our services. At the end of your video consultation, you will be asked to fill out a short patient survey online.

If you have any comments, compliments or complaints to make about your care, please contact the Patient Experience Team. Email: PALS@ncic.nhs.uk Tel: 01228 602128 Freephone: 0800 633 5547.

If you would like this factsheet in another language or format, for example Braille, large print or audio, please call: 01228 603890 or email: communications.helpdesk@ncic.nhs.uk.

Or write to: Engagement and Communications | The Pillars Building | Cumberland Infirmary | Carlisle | Cumbria |