## ST MARY'S CATHOLIC PRIMARY SCHOOL



# SUPPORTING PUPILS WITH MEDICAL CONDITIONS POLICY AND PROCEDURES

#### **APPROVED BY:**

Name: Gemma Duncan

**Position:** Chair of Governors

Signed: (7.1) WACCAM

**Date:** March 2022 **Review Date:** March 2023

#### 1 STATEMENT OF INTENT

This policy is based on the statutory Department for Education (DfE) guidance document <u>'Supporting pupils at school with medical conditions: Statutory guidance for governing bodies of maintained schools and proprietors of academies in England' (April 2014; Revised December 2015.</u>

The governors of St Mary's School believe that all children with medical conditions, in terms of both physical and mental health, should be properly supported in school so that they can play a full and active role in school life, remain healthy and achieve their academic potential including access to school trips and physical education (PE).

We understand that the parents of children with medical conditions are often concerned that their child's health might deteriorate when they attend school because they may not receive the ongoing support, medicines, monitoring, care or emergency interventions that they need while at school to help them manage their condition. St Mary's School is committed to ensuring parents feel confident that effective support for their child's medical condition will be provided and that their child will feel safe at school by putting in place suitable arrangements and procedures to manage their needs. We also understand that children's health needs may change over time, sometimes resulting in extended absences and our arrangements take this into account. We undertake to receive advice from involved healthcare professionals and listen to and value the views of parents and pupils. Given that many medical conditions that require support at school affect a child's quality of life and may even be life-threatening, our focus will be on the needs of each individual child and how their medical condition impacts on their school life, be it on a long or short term basis.

In addition to the educational impacts, we realise that there are social and emotional implications associated with medical conditions. Children may be self-conscious about their condition and some may be bullied or develop emotional disorders such as anxiety or depression around their medical condition. In particular, long-term absences due to health problems affect children's educational attainment, impact on their ability to integrate with their peers and affect their general wellbeing and emotional health. We fully understand that reintegration back into school needs to be properly supported so that children with medical conditions fully engage with learning and do not fall behind when they are unable to attend. Short term and frequent absences, including those for appointments connected with a pupil's medical condition, also need to be effectively managed and the support we have in place is aimed at limiting the impact on a child's educational attainment and emotional and general wellbeing.

#### **2 ORGANISATION**

#### 2.1 The Governing Body

The governing body is legally responsible and accountable for fulfilling the statutory duty to make arrangements to support pupils with medical conditions in school, including the development and implementation of this policy. Mr Eddie Byrne has overall responsibility to ensure that:

- no child with a medical condition is denied admission or prevented from taking up a place at
  this school because arrangements to manage their medical condition have not been made
  while at the same time, in line with safeguarding duties, ensure that no pupil's health is put at
  unnecessary risk, for example, from infectious diseases;
- there is an effective partnership between healthcare professionals, social care professionals (as appropriate), local authorities, parents and pupils as outlined in this policy;
- Sufficient staff have received suitable training and are competent before they take on duties to support children with medical conditions.
- Funding arrangements support proper implementation of this policy e.g. for staff training, resources etc.

#### 2.2 The Head Teacher

The Head teacher of this school, Mrs Cath Pearson, has a responsibility to ensure that this policy is developed and implemented effectively with partners.

To achieve this, the head teacher will have overall responsibility for the development IHCPs and ensure that:

- all staff are aware of this policy and understand their role in its implementation;
- all staff and other adults who need to know are aware of a child's condition including supply staff, peripatetic teachers, coaches etc.;
- where a child needs one, an IHCP is developed with the proper consultation of all people involved, implemented and appropriately monitored and reviewed;
- sufficient trained numbers of staff are available to implement the policy and deliver against all IHCPs, including in contingency and emergency situations;
- staff are appropriately insured and are aware that they are insured to support pupils in this way;
- appropriate health professionals i.e. the school nursing service are made aware of any child who has a medical condition that may require support at school that has not already been brought to their attention;
- children at risk of reaching the threshold for missing education due to health needs are identified and effective collaborative working with partners such as the LA, alternative education providers e.g. hospital tuition, parents etc., aims to ensure a good education for them;
- risk assessments take account of the need to support pupils with medical conditions as appropriate e.g. educational visits, activities outside the normal timetable etc.

#### 2.3 School Staff

Any member of staff may be asked to provide support to pupils with medical conditions, including the administering of medicines, although they cannot be required to do so. While administering medicines is not part of teachers' professional duties, they should still take into account the needs of pupils with medical conditions that they teach. Any member of school staff should know what to do and respond accordingly when they become aware that a pupil with a medical condition needs help.

#### 2.4 School Nurses and Other Healthcare Professionals

This school has access to a school nursing service which is responsible for notifying the school when a child has been identified as having a medical condition which will require support. Wherever possible, they should do this before the child starts at school and our arrangements for liaison support this process.

The school nurse will support staff on implementing a child's IHCP and provide advice and liaison, on training. The school nurse can also liaise with lead clinicians or a child's General Practitioner (GP) locally on appropriate support for the child and associated staff training needs.

#### 2.5 Pupils

It is recognised that the pupil with the medical condition will often be best placed to provide information about how their condition affects them. This school will seek to involve them fully in discussions about their medical support needs at a level appropriate to their age and maturity and, where necessary, with a view to the development of their long term capability to manage their

own condition well. They should contribute as much as possible to the development of, and comply with, their IHCP.

It is also recognised that the sensitive involvement of other pupils in the school may be required not only to support the pupil with the medical condition, but to break down societal myths and barriers and to develop inclusivity.

#### 2.6 Parents

Parents are key partners in the success of this Policy. They may, in some cases, be the first to notify school that their child has a medical condition and where one is required, will be invited to be involved in the drafting, development and review of their child's IHCP.

Parents should provide school with sufficient and up-to-date information about their child's medical needs. They should carry out any action they have agreed to as part of its implementation, e.g. provide medicines and equipment and ensure they or another nominated adult are contactable at all times.

#### 3 ARRANGEMENTS/PROCEDURES

#### 3.1 Procedure for the Notification that a Pupil has a Medical Condition

While it is understood that school does not have to wait for a formal diagnosis before providing support to a pupil because in some cases their medical condition may be unclear or there may be a difference of opinion, judgements will still need to be made about the support to provide and they will require basis in the available evidence. This should involve some form of medical evidence and consultation with parents. Where evidence is conflicting, it is for school to present some degree of challenge in the interests of the child concerned, in order to get the right support put in place.

We will complete an ICHP when parents or appropriate health professionals inform the school if a child has a medical condition or diagnosis. The IHCP will give full details of the diagnosis or condition.

#### 3.2 School Attendance and Re-integration

Every LA must have regard to the DfE statutory guidance, 'Ensuring a good education for children who cannot attend school because of health needs', January 2013 and this school undertakes to liaise with the LA to ensure that everyone is working in the best interests of children who may be affected. Where a pupil would not receive a suitable education at this school because of their health needs, the LA has a duty to make other arrangements, in particular when it becomes clear that a child will be away from school for 15 days or more (whether consecutive or cumulative across the school year). We will inform the LA when a child becomes at risk of missing education for 15 days in any one school year due to their health needs and will endeavour to facilitate a child staying in touch with school while they are absent through email, newsletters, invitations to school events, e-links to lessons, blog style updates by classmates or staff etc. If there is not any internet access at home we will post information. We will also provide access to the curriculum and materials that he or she would have used in school;

We also consider the emotional needs of children who require re-integration and that such re-integration may not always be as a result of an absence but could be as the result of a serious or embarrassing incident at school such as a widely witnessed epileptic seizure with incontinence.

#### 3.3 Individual Healthcare Plans (IHCP)

An IHCP is a working document that will help ensure that this school can effectively support a pupil with a medical condition. It provides clarity about what needs to be done, when and by whom and aims to capture the steps which school should take to help the child manage their condition and

overcome any potential barriers to get the most from their education. It will focus on the child's best interests and help ensure that this school can assesses and manage identified risks to their education, health and social well-being and minimises disruption.

An IHCP will often be essential, such as in cases where conditions fluctuate or where there is a high risk that emergency intervention will be needed, and are likely to be helpful in the majority of other cases, especially where medical conditions are long-term and complex. The school, relevant healthcare professional and parent will need to agree, based on evidence, when an IHCP would be inappropriate or disproportionate. If consensus cannot be reached, the Head teacher is considered best placed to and will take the final view. Our flow chart for identifying and agreeing the support a child needs and developing an IHCP is at Appendix A.

The level of detail within an IHCP will depend on the complexity of the child's condition and the degree of support they need and this is important because different children with the same health condition may require very different support. Where a child has SEND but does not have an EHC Plan, their special educational needs will be mentioned in their IHCP. Where a child has SEN identified in an EHC Plan, the IHCP will be linked to or become part of that EHC Plan.

In general, an IHCP will cover:

- the medical condition, its triggers, signs, symptoms and treatments;
- the pupil's resulting needs, including medicine (dose, side-effects and storage), and other
  treatments, time, facilities e.g. need for privacy, equipment, testing, access to food and drink
  (where this is used to manage their condition), dietary requirements and environmental issues
  e.g. crowded corridors, travel time between lessons etc. and being added to the register of
  asthma sufferers who can receive salbutamol where applicable;
- specific support for the pupil's educational, social and emotional needs for example, how
  absences will be managed, requirements for extra time to complete exams, use of rest periods
  or additional support in catching up with lessons, counselling sessions etc.;
- the level of support needed, (some children will be able to take responsibility for their own health needs and this is encouraged), including in emergencies. If a child is self-managing their medicine, this should be clearly stated with appropriate arrangements for monitoring;
- who will provide this support, their training needs, expectations of their role and confirmation
  of their proficiency to provide support for the child's medical condition from a relevant
  healthcare professional (where necessary); and cover arrangements for when they are
  unavailable;
- who in the school needs to be aware of the child's condition and the support required;
- arrangements for written permission from parents and the Head teacher for medicines to be administered by a member of staff, or self-administered by the pupil during school hours, including emergency salbutamol in the case of a child suffering an asthma attack without their own inhaler being in working condition
- any separate arrangements or procedures required for school trips or other activities outside of the normal school timetable that will ensure the child can participate, e.g. risk assessments;
- where confidentiality issues are raised by the parent/child, the designated individuals to be entrusted with information about the child's condition; and
- what to do in an emergency, including whom to contact, and contingency arrangements. If a
  child has an emergency health care plan prepared by their lead Clinician it will be used to
  inform development of their IHCP.

IHCPs, (and their review), may be initiated, in consultation with the parent, by a member of school staff or a healthcare professional involved in providing care to the child. Partners should agree

who will take the lead in writing the plan, but responsibility for ensuring it is finalised and implemented rests with this school.

An IHCP will be reviewed at least annually and earlier if there is any evidence that a child's needs have changed. This review should also trigger a re-check of any registers held e.g. asthma sufferers with permission to receive emergency salbutamol and may require a re-check of school insurance arrangements especially where a new medical procedure is required.

#### 3.4 Pupils Managing their own Medical Conditions

After discussion with parents, children who are competent will be encouraged to take responsibility for managing their own medicines and procedures and this will be reflected in their IHCP.

To facilitate this, wherever possible, children will be allowed to carry their own medicines and relevant devices or will be able to access them for self-medication quickly and easily. Children who can take their medicines or manage procedures themselves may require an appropriate level of supervision and this will be reflected in the IHCP too. If it is not appropriate for a child to self-manage, then relevant staff will help to administer medicines and manage procedures for them.

If a child refuses to take medicine or carry out a necessary procedure, staff will not force them to do so, but will follow the procedure agreed in the IHCP as well as inform parents. This is an occurrence that may trigger a review of the IHCP.

#### 3.5 Training

The Head teacher has overall responsibility for ensuring that there are sufficient trained numbers of staff available in school and off-site accompanying educational visits or sporting activities to implement the policy and deliver against all IHCPs. This includes ensuring that there is adequate cover for both planned and unplanned staff absences and there are adequate briefings in place for occasional, peripatetic or supply staff.

Any member of school staff providing support to a pupil with medical needs will receive sufficient training to ensure that they are competent and have confidence in their ability to fulfil the requirements set out in IHCPs.

A relevant healthcare professional, often the school nurse, will normally lead on identifying and agreeing with school, the type and level of training required which will completed through the development of IHCPs.

Staff must not give prescription medicines or undertake health care procedures without appropriate training, which school undertakes to update to reflect any IHCPs.

Whole school training takes place on INSET days and Induction days for new starters, hence all staff are aware of the school's policy for supporting pupils with medical conditions and their role in implementing that policy including some basic information about the conditions staff may have to recognise and deal with, such as 'How to Recognise an Asthma Attack' and 'What to do in the Event of an Asthma Attack' from Department of Health 'Guidance on the use of emergency salbutamol inhalers in school', September 2014. In addition, staff are trained in;

- how to administer non-complex oral or topical medicines;
- how to recognise the safeguarding issues around Fabricated or Induced Illness (FII)
- hygiene requirements e.g. washing hands before handling medicines, using a clean measuring device for oral medicine liquids, ensuring containers are clean before they are stored again etc.;
- pre-administration checks e.g. having the correct record sheet and checking the medicine has
  not already been administered, child's identity, child's medicine (including that the dosage,
  frequency etc. on any IHCP matches the prescription label), expiry date of medicine, that

storage instructions have been adhered to (i.e. if it should be refrigerated that it was in the fridge) etc.;

- procedures for administration e.g. whether the child self-administers, the minimum assistance or supervision required (or as described in the IHCP), what should be done with used administration devices (spoons, oral syringes, self-administered sharps etc.), what to do if a child refuses a medicine etc.;
- recording procedures.

#### 3.6 Managing Medicines

This school is committed to the proper management of medicines and there are clear procedures that must be followed.

- Medicines are only to be administered at school when it would be detrimental to a child's health or school attendance not to do so.
- No child under 16 is to be given prescription or non-prescription medicines without their parent's written consent.
- A child under 16 is never to be given medicine containing aspirin unless prescribed by a doctor.
   Medicine, e.g. for pain relief, is never to be administered without first checking maximum
   dosages and when the previous dose was taken. Every effort will be made to contact parents
   prior to administration and also to inform them that pain relief has been given. In an
   emergency we will consult the whole school life consent records to obtain permission to
   administer pain relief.
- With written parental consent non-prescription medicines can be administered to children e.g. anti-histamines, paracetamol etc. They must be in-date, in their original container with full administration instructions.
- We expect parents/carers to bring medicines into school and personally deliver them to Mrs J
   Dyer and Appendix C Parental Consent to Administer Medicine needs to be signed.
- All medicines are to be stored safely, in their original containers and in accordance with their storage instructions. Medicines can be kept in a refrigerator containing food but should be in an airtight container and clearly labelled. Access to a refrigerator holding medicines should be restricted. Children should know where their medicines are at all times and be able to access them immediately they might need them. Medicines and devices such as asthma inhalers, blood glucose testing meters and adrenaline pens are to always be readily available to children and not locked away. Off-site this will be especially considered as part of the risk assessment process for educational visits.
- When no longer required, medicines will be returned to the parent for them to arrange safe disposal. Sharps boxes, when required, will always be used for the disposal of needles and other sharps. These are handed into Boots Pharmacy in Workington.

#### 3.6.1 Controlled Drugs

The supply, possession and administration of some medicines e.g. methylphenidate (Ritalin) are strictly controlled by the Misuse of Drugs Act 1971 and its associated regulations and are referred to as 'controlled drugs'. Therefore it is imperative that controlled drugs are strictly managed between school and parents.

If required, controlled drugs should be brought into school on a daily basis by parents and the medicine details and quantity handed over be carefully recorded on the child's own Record of Medicine Administered to an Individual Child sheet (Appendix D). This sheet must be signed by the parent and the receiving member of staff. If a daily delivery is not a reasonable expectation of the

parent, supplies should be limited to no more than one week unless there are exceptional circumstances.

We recognise that a child who has been prescribed a controlled drug may legally have it in their possession if they are competent to do so, but passing it to another child for use is an offence. Monitoring arrangements may be necessary and will be agreed on in the IHCP, otherwise school will keep controlled drugs prescribed for a pupil securely stored in a non-portable container to which only named staff will have access. They will still be easily accessible in an emergency and clear records kept of doses administered and the amount of the controlled drug held in school.

School staff may administer a controlled drug to the child for whom it has been prescribed in accordance with the prescriber's instructions and a record will be kept in the same way as for the administration of other medicines. The administration of controlled drugs will be witnessed by a second adult. The name of the member of staff administering the drug will be recorded and they will initial under 'Staff initials (1)'. The second member of staff witnessing the administration of controlled drugs will initial under 'Staff initials (2)'. These initial signatures should be legible enough to identify individuals.

#### 3.7 Record Keeping

School will keep a record of all medicines administered to individual children, stating what, how and how much was administered, when and by whom. Any side effects the pupil experiences are also to be noted.

Where a pupil has a course of or on-going medicine(s) they will have an individual record sheet which a parent should sign when they deliver the medicine (Appendix D: Record of Medicine Administered to an Individual Child).

Where a pupil requires administration or self-administration of a controlled drug they will have an individual record sheet which allows for the signature of a second witness to the administration. Details of receipts and returns of the controlled drug will be accurately recorded on the administration record (see Appendix D).

Where a pupil is given a medicine as a one-off e.g. pain relief, it will be recorded on a general record sheet along with such medicines administered to other children (Appendix E1: Record of Medicine Administered to All Children).

To ensure that only eligible and appropriately identified pupils are given the emergency salbutamol inhaler, school will keep a register of such pupils in each emergency asthma kit.

Where a pupil is given the emergency salbutamol asthma inhaler as a one-off because their own inhaler is unavailable, it will be recorded on a general record card in the Asthma Emergency Kit (Appendix E2: Record Card: All Children: Emergency Salbutamol Inhaler Administration). The parents of any pupil who requires administration of the emergency salbutamol inhaler will be informed in writing that this has happened and staff should use Appendix I: Note Informing Parents of Emergency Salbutamol Inhaler Use).

#### 3.8 Emergency Procedures

The child's IHCP should be the primary reference point for action to take in an emergency. It will clearly state what constitutes an emergency for that child and include immediate and follow-up action.

If a child needs to be taken to hospital, a member of school staff will remain with them until a parent arrives. This may mean that they will need to go to hospital in the ambulance.

#### 3.9 Emergency Salbutamol Inhalers

Asthma is the most common chronic condition in the UK and there are on average, two children with asthma in every classroom and over 25,000 emergency hospital admissions every year for asthma amongst children. An Asthma UK survey found that 86% of children with asthma have at some time been without an inhaler at school having forgotten, lost or broken it, or the inhaler having run out.

From 1 October 2014 the Human Medicines (Amendment) (No.2) Regulations 2014 allows (but does not require) schools to keep a salbutamol inhaler for use in an asthma emergency.

We feel that keeping an inhaler for emergency use will benefit children at this school. Having procedures that set out how and when the inhaler should be used will protect our staff by ensuring they know what to do in the event of a child having an asthma attack. This decision does not in any way release a parent from their absolute duty to ensure that their child attends school with a fully functional inhaler containing sufficient medicine for their needs.

Salbutamol is a relatively safe medicine, particularly if inhaled, but all medicines can have some adverse effects. Those of inhaled salbutamol are well known, tend to be mild and temporary and are not likely to cause serious harm. The child may feel a bit shaky or may tremble, or they may say that they feel their heart is beating faster.

Salbutamol inhalers are intended for use where a child has asthma. The symptoms of other serious conditions/illnesses, including allergic reaction, hyperventilation and choking from an inhaled foreign body can be mistaken for those of asthma, and the use of the emergency inhaler in such cases could lead to a delay in the child getting the treatment they need. Therefore the emergency salbutamol inhaler will only be used by children:

- who have been diagnosed with asthma, and prescribed a reliever inhaler; or
- who have been prescribed a reliever inhaler; and
- for whom written parental consent for use of the emergency inhaler has been given (see Appendix C: Parental Consent to Administer Medicine).

A child may be prescribed an inhaler for their asthma which contains an alternative reliever medicine to salbutamol (such as terbutaline). The salbutamol inhaler should still be used by these children if their own inhaler is not accessible – it will still help to relieve their asthma and could save their life.

#### 3.9.1 Emergency Asthma Kit Contents

Each emergency asthma kit will contain the following:

- a salbutamol metered dose inhaler;
- a plastic spacer compatible with the inhaler;
- instructions on using the inhaler and spacer/plastic chamber;
- instructions on cleaning and storing the inhaler;
- manufacturer's information;
- a list of children permitted to use the emergency inhaler as detailed in their IHCP (asthma register);
- a record of administration (i.e. when the inhaler has been used See Appendix E2).

#### 3.9.2 Storage and Care of Inhalers

It is the responsibility of Mrs C Newland and Mrs J Dyer to maintain the emergency inhaler kit ensuring that:

- on a monthly basis the inhaler and spacers are present and in working order, and the inhaler has sufficient number of doses available;
- replacement inhalers are obtained when expiry dates approach;
- replacement spacers are available following use;
- the plastic inhaler housing (which holds the canister) has been cleaned, dried and returned to storage following use, or that replacements are available if necessary.

#### 3.9.3 Staff Use and Training

Staff will have appropriate training and support which is completed during First Aid training, relevant to their level of responsibility. Hence all teaching and supervisory staff are:

- trained to recognise the symptoms of an asthma attack, and ideally, how to distinguish them from other conditions with similar symptoms;
- aware of the school policy;
- aware of how to check if a child is on the register;
- aware of how to access the inhaler;
- aware of who the designated members of staff are and how to access their help.

#### 3.10 Day Trips, Residential Visits and Sporting Activities

Through development of the IHCP staff will be made aware of how a child's medical condition might impact on their participation in educational visits or sporting activities. Every effort will be made to ensure there is enough flexibility in arrangements so that all children can participate according to their abilities and with any reasonable adjustments. This may include reasonable adjustment of the activities offered to all children i.e. changing a less accessible venue for one that is more so, but can still achieve the same educational aims and objectives. A pupil will only be excluded from an activity if the Head teacher considers, based on the evidence, that no reasonable adjustment can make it safe for them or evidence from a clinician such as a GP states that an activity is not possible for that child.

A risk assessment for an educational visit may need to especially consider planning arrangements and controls required in order to support a pupil with a medical condition. The IHCP will be used alongside usual school risk assessments to ensure arrangements are adequate. This may also require consultation with parents and pupils and advice from a relevant healthcare professional.

#### 3.10.1 Defibrillators

Sudden cardiac arrest is when the heart stops beating and it can happen to people at any age and without warning. When it does happen, quick action can help save lives. A defibrillator is a machine used to give an electric shock to restart a patient's normal heart rhythm when they are in cardiac arrest. Modern defibrillators are easy to use, inexpensive and safe and this school has one as part of our first aid equipment. School staff are appropriately trained in its use.

#### 3.11 Unacceptable Practice

While it is essential that all staff act in accordance with their training, in any given situation they should be confident in using their discretion and judging each case on its merits with reference to a child's IHCP. It is not however, acceptable practice at this school to:

- prevent children from easily accessing their inhalers and medicine and administering their medicines when and where necessary;
- assume that every child with the same condition requires the same treatment;
- ignore the views of the child or their parents; or ignore medical evidence or opinion, (although staff will be supported to appropriately challenge this where they have genuine concerns);
- send children with medical conditions home frequently or prevent them from staying for normal school activities, including lunch, unless this is specified in their individual healthcare plans;
- if the child becomes ill, send them to the school office unaccompanied or with someone unsuitable;
- penalise children for their attendance record if their absences are related to their medical condition e.g. hospital appointments;
- prevent pupils from drinking, eating or taking toilet or other breaks whenever they need to in order to manage their medical condition effectively;
- require parents, or otherwise make them feel obliged, to attend school to administer medicine
  or provide medical support to their child, including with toileting issues. No parent should have
  to give up working because the school is failing to support their child's medical needs;
- prevent children from participating, or create unnecessary barriers to children participating in any aspect of school life, including school trips, e.g. by requiring parents to accompany the child.

#### 3.12 Insurance

Staff will be appropriately insured to carry out tasks associated with supporting pupils with medical conditions and the Insurance Policy wording is made available to such staff on request. A copy can be located in the Admin Office.

The Insurance Policy provides liability cover relating to the administration of medicines and any required healthcare procedures as identified through the IHCP process.

#### 3.13 Complaints

Should parents or pupils be dissatisfied with the support provided they should discuss their concerns directly with their child's teacher. If for whatever reason this does not resolve the issue, they may make a formal complaint through the normal school complaints procedure. This policy can be view on our website or a copy can be obtained from the school office.

#### **Process for Developing an Individual Healthcare Plan (IHCP)**

A parent or healthcare professional informs school that a child with a medical condition:

- has been newly diagnosed; or,
- has had a change in their health needs; or,
- is due to attend this school as a new pupil; or,
- is due to return to this school after a long term absence.



The Head teacher or Senco, coordinates a meeting to discuss the child's medical support needs and identifies member(s) of school staff who will provide support to the pupil. With appropriate input from parents and in some cases a healthcare professional as well it may be agreed at this point that an IHCP is unnecessary because there will be no significant information to record on it and this along with any measures in place generally to support the child will be communicated to parents.



A meeting takes place to discuss and agree on the need for an IHCP to include key school staff, the child, parents, relevant healthcare professionals and other medical/health clinicians as appropriate (or to consider written evidence provided by them).



After agreeing who leads on writing it, an IHCP is developed in partnership. Input from a healthcare professional must be provided at this stage.



School staff training needs are identified.



Healthcare professional(s) commission/deliver training and school staff are signed off by the trainer as competent – a review date is agreed.



The IHCP is implemented and circulated to relevant staff.



The IHCP is reviewed annually or when a condition changes – to be initiated by a parent or a healthcare professional or by school due to an incident or identified change in needs or school procedures.

#### **Individual Healthcare Plan (IHCP)**

School/Set	ting:					
Name of Ch	nild:					
Date of Birt	th:					
Address of	Child:					РНОТО
Gender:	MA	LE / FEMALE	Class/Form:			
Date:			Review Date:			
Who is resp	onsibl	e for providing su	pport in school?			
Medical Dia	agnosis	or Condition				
		<del></del>		<del></del>		
			MERGENCY CONTA	ACT INFORMAT		
<b>51</b>	1	Family Contact 1			Family	Contact 2
Name:	• • • •			Name:		_
Relationshi Child:	p to			Relationship to Child:	0	
Work Tel. N	No:			Work Tel. No:		
Home Tel. I	No:			Home Tel. No:		
Mobile Tel.	No:			Mobile Tel. No	<b>):</b>	
	Clinic	or Hospital Cont	act		GP C	ontact
Name:				Name:		
Contact No	:			Contact No:		
				symptoms, trigg	gers, signs,	treatments, facilities,
equipment	device	s, environmental i	ssues etc.)			

**Please note:** Some or all of this information may be shared on a *confidential* and *strictly need to know basis*, with adults other than school staff who may be working with children and young people in a paid or voluntary capacity. **Such adults are bound by the school's code of conduct on confidentiality.** 

<b>Medicine details</b> (e.g. name of medicine, dose, method of administration, when to be taken, side effects, contra-indications, administered by/self-administered with/without supervision, whether carried by the child and how carried etc.)
Agreed procedure in the event that medicine or procedures are refused by the child
Daily care requirements (e.g. before sports activities, at lunchtime etc.)
Specific support in place for any educational, social and emotional needs (include re-integration and any partnership working following absences e.g. Local Authority hospital/home tuition services etc. and sensitive management of re-integration after serious or embarrassing incidents at school.
Arrangements for educational visits or other activities outside the normal timetable
Other Information

Describe what constitutes an e	mergency and the action to take	if this oc	curs		
Permission held to administer s	albutamol in an asthma emergend	cy.	YES	NO	N/A
Describe any follow-up care red	quired				
Who is responsible in an emerg	gency? (Please state if different fo	or differe	nt activitie	es e.g. off-si	te etc.):
Staff training needs identified (	or already undertaken (e.g. name	s of staff	trained. w	hat training	they have
_	any plans to train others and when		trumea,		, they have
Plan developed with: (e.g. child	l, parents, healthcare professional	l, school	nurse, the	rapist etc.)	
Print Name	Signature	Rela	itionship t	o child:	Date
Form conied to (Please state w	ho holds copies of this information	n and wh	ere)·		
Torm copied to (Fiedde State Wi	no notas copies of this imorniation	Tana wii			

#### Parental Consent to Administer Medicine (without MP signature)

This school/setting will not give your child medicine unless it is in accordance with our Supporting Pupils with Medical Conditions Policy and Procedures **and** you complete and sign this form.

School/Setting:										
Name of Child:				Gender:	MALE / FEMALE					
Date of Birth:				Class/Form:						
Date for review to be	initiated by:									
Medical diagnosis, co	ndition or illness									
MEDICINE(S)										
Name/type of medicing (as described on the control of the control										
Expiry date										
Dosage and method of	f administration									
Timing										
Special precautions or instructions e.g. with										
Side effects that the s must know about	chool/ setting									
Can the child self-adm	ninister?	YES / NO	If YES is supervision	required?	YES / NO					
Does any medicine ne person, what and who			YES / NO							
Procedures to take in emergency	an									
PLEAS	E NOTE: medicin	es <u>must</u> be in the origin	al containers as dispe	nsed by the phar	тасу.					
		CONTACT INF	ORMATION							
Name:										
Relationship to Child:										
Address:			Work Tel. No:							
			Home Tel. No:							
			Mobile Tel. No:							
I understand that I mu (name the agreed mer		dicine personally to:								
I understand that my child must have a working, in-date and sufficiently full inhaler, clearly labelled with their name, which they will bring with them every day.  I consent to my child receiving, in an asthma emergency, salbutamol which has not been prescribed to them.  YES NO N/A										
administering medicin	e in accordance w	my knowledge, accurat vith the policy. I will info edicine or if the medicir	rm the school/setting	-	_					
S'				Data						
Signed:				Date:						



#### Parental Consent to Administer Medicine (with MP signature)

This school will not give your child medicines or medical treatments unless it is in accordance with our Supporting Pupils with Medical Conditions Policy and Procedures and you complete and sign this form. Parents can complete this entire form, but in line with recommendations from child protection Serious Case Reviews, a relevant medical professional must also sign their agreement to the administration of medicines and treatments described below. Please PRINT information clearly and use BLACK INK where possible.

Name of Child:							School/Setting:				
Date of Birth:			Gende	er:	MALE / FEMAL	.E	Class/Form:		Date for review to be initi	iated by:	
Medical diagnosis,	, condition or illn	ess									
							MEDICINE(S)				
Name/type of (as described or		Expiry d	late	Dos	sage and method of administration	f	Timir	g	ial precautions or other ctions e.g. with food etc.		ts that we need to now about

PLEASE NOTE: medicines must be in the original containers as dispensed by the pharmacy.

Can the chi	ld self-administer?	YES / NO	If YES is supervision required?	YES / NO (if YES, please detail e.g. visual only, guiding hand, measure check only etc.)							
	nedicine need to be car n, what and where will		YES / NO (if YES, please	give details):							
Procedures	to follow in an emerge	ency:									
	EMERGENCY CONTACT INFORMATION										
Name:				Relationship to Child:							
Address:				Work Tel. No:							
				Home Tel. No:							
				Mobile Tel. No:							
Parental De	eclarations										
I understan	d that I must deliver the	e medicine personally to: (	name the agreed member(s)	of staff)							
I understan	d that my child must ha	ave a working, in-date and	sufficiently full inhaler, clearl	y labelled with their name, w	hich they will bring with them ev	very day.		YES NO N/A			
I consent to	my child receiving, in a	an asthma emergency, salk	outamol which has not been p	prescribed to them.				YES NO N/A			
				d I consent to school/setting s f the medication or if the med	staff administering medicine in a dicine is stopped.	accordance wi	ith the p	olicy. I will inform			
Signed:			Print Nar	me:		Da	ite:				
Medical Pra	actitioner Declaration										
	The above information is, to the best of my professional knowledge of this child, accurate. I agree that in order to adequately support this child at school with their medical condition(s), school staff need to administer or facilitate and/or supervise the self-administration of the medicines or treatments described above.										
Signed:			Print Nar	me:		Da	ite:				
Professiona	ssional Relationship to Child:  Recommended Date of Review/Review Trigger:										

Name of school/setting:

#### **Record of Medicine Administered to an Individual Child**

All medicines administered to individual children must be recorded on this sheet.

In addition, the supply, possession and administration of some medicines are strictly controlled by the Misuse of Drugs Act and its associated regulations and are referred to as 'controlled drugs'. Examples would include methylphenidate (Ritalin), Midazolam, Diazepam etc. In the case of controlled drugs, it is best practice for the administration of such substances to be witnessed by a second adult. Record the name of the member of staff administering the drug and they should initial under 'Staff initials (1)'. The second member of staff witnessing the administration of controlled drugs should initial under 'Staff initials (2)'. These initial signatures should be legible enough to identify individuals.

The quantity of controlled drugs received from and returned to parents must be carefully accounted for and recorded on this sheet. .

Name of child:						Date of Birth:		Class/Form:		
Name and strengt	th of medicine:									
Dose and frequen	cy of medicine:									
Date medicine red	ceived from parent		Expiry date of medicine:			Date medicine i	eturned to parent:			
Quantity of medic	cine received:					Quantity returned to parent:				
Staff Signature:					Parent Signature:					
PLEASE NO	PLEASE NOTE: parents must be informed of the non-administration of medicine that is due - record the reason for non-administration under 'Any reaction'									
Date:										
Time given:										
Dose given:										
Any reaction?										
Name of staff administering:										
Staff initials (1):										
Staff initials (2):										

	1			ı	1
Date:					
Time given:					
Dose given:					
Any reaction?					
Name of staff administering:					
Staff initials (1):					
Staff initials (2):					
Date:					
Time given:					
Dose given:					
Any reaction?					
Name of staff administering:					
Staff initials (1):					
Staff initials (2):					
Date:					
Time given:					
Dose given:					
Any reaction?					
Name of staff administering:					
Staff initials (1):					
Staff initials (2):					

#### **Record of Medicine Administered to All Children**

Name of school/setting:	
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Date	Name of Child	Time	Name of Medicine	Dose Given & How	Any Reactions	Signature of Staff	Print Name

Date	Name of Child	Time	Name of Medicine	Dose Given & How	Any Reactions	Signature of Staff	Print Name

Name of Child	Time	Where & When	Dose(s) Given	Staff Signature	Print Name

#### **Record Card: All Children: Emergency Salbutamol Inhaler Administration**

Name of so	chool/setting:					
Date	Name of Child	Time	Where & When	Dose(s) Given	Staff Signature	Print Name
01/09/14	Anne Other	14:30	Field during PE rounders	2 x 2puffs in 4 mins	J Smith	John Smith

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#### **Staff Training Record – Supporting Pupils with Medical Conditions**

This form is for recording all training delivered to staff (and as appropriate volunteers) with the aim of supporting pupils with medical conditions, including the Whole School Awareness briefing.

Name of School/Setting	•				
Name(s) of Staff:					
Type of Training Received Describe in brief what was e.g. Whole School Award content of it), physiother administering medicine, etc.	as covered eness (and the rapy,				
Date Training Completed	d:				
Name of Trainer:					
Training Provider: Organisation, profession of the person delivering	-				
I confirm that the above competent to carry out a		• •	red the training	detailed a	bove and they are
Date by which I recommo	end this training	g be updated:			
Trainer Signature:				Date:	
I confirm that I have rece	eived the trainir	ng detailed above			
Staff Signature(s):				Date:	



#### **Summoning Emergency Services**

To summon an ambulance, dial any prefix required to get an outside line followed by 999, ask for an ambulance and be ready with the following information.

Your telephone nur	mber including any extension number.
Your name.	
Your location.	Insert the full address of the school/setting here.
Your location postcode.	For satellite navigation systems this may be different from the postal code – check before completing this section. If your site is large there may be different postcodes for different entrances. The one given to emergency services must be for the entrance that is best to access the patient quickly.
The exact location of	of the patient within the school.
The name of the pa	tient and a brief description of their symptoms.
The best entrance f taken to the patien	or the ambulance crew to use and state they will be met and t.

Display a suitably amended copy of this form close to any phone that might reasonably be used to summon emergency services



### Template Letter Inviting Parents to Contribute to the Development of Their Child's Individual Healthcare Plan

(Copy this template onto school headed paper and amend it to suit).

**Dear Parent** 

#### DEVELOPING AN INDIVIDUAL HEALTHCARE PLAN FOR YOUR CHILD

Thank you for informing us of your child's medical condition. I enclose a copy of the school's policy for supporting pupils at school with medical conditions for your information.

A central requirement of the policy is for an Individual Healthcare Plan to be prepared, setting out what support your child needs and how this will be provided. Individual Healthcare Plans are developed in partnership between the school, parents, pupils, and the relevant healthcare professional who can advise on your child's case. The aim is to ensure that we know how to support your child effectively and to provide clarity about what needs to be done, when and by whom. Although Individual Healthcare Plans are likely to be helpful in the majority of cases, it is possible that not all children will require one. We will need to make judgements about how your child's medical condition impacts on their ability to participate fully in school life, and the level of detail within plans will depend on the complexity of their condition and the degree of support needed.

A meeting to start the process of developing your child's Plan has been scheduled for xx/xx/xx. I hope that this is convenient for you and would be grateful if you could confirm whether you are able to attend. The meeting will involve the following people:

(State the names and relevant positions of people who will attend)

Please let us know if you would like us to invite another medical practitioner, healthcare professional or specialist and provide any other information you would like us to consider at the meeting as soon as possible.

If you are unable to attend, it would be helpful if you could complete the attached individual healthcare plan template and return it, together with any relevant evidence, for consideration at the meeting. I [or another member of staff involved in plan development or pupil support] would be happy for you contact me [them] by email or to speak by phone if this would be helpful.

Yours sincerely



#### **Notification to Parents of Emergency Salbutamol Inhaler Use**

Child's Name:	
Child's Class:	Date:
Dear Parent,	
This letter is to formally notify you th	nat your child has had problems with their breathing today.
This happened when:	
[Delete the statements below that do	o not apply to the action taken]
A member of staff helped them to us	se their asthma inhaler.
•	inhaler with them, so a member of staff helped them to use the g salbutamol. They were given puffs.
Their own asthma inhaler was not was asthma inhaler containing salbutame	orking, so a member of staff helped them to use the emergency ol. They were given puffs.
Although they soon felt better, we was soon as possible.	ould strongly advise that you have your child seen by your own doctor
Yours sincerely	
Notification to Pa	erents of Emergency Salbutamol Inhaler Use
Notification to Pa	arents of Emergency Salbutamol Inhaler Use
	Date:
Child's Name:	Date:
Child's Name:  Child's Class:  Dear Parent,	Date:
Child's Name:  Child's Class:  Dear Parent,	Date:
Child's Name: Child's Class:  Dear Parent, This letter is to formally notify you th	Date:  nat your child has had problems with their breathing today.
Child's Name: Child's Class:  Dear Parent, This letter is to formally notify you th This happened when:	Date:  nat your child has had problems with their breathing today.  o not apply to the action taken]
Child's Name: Child's Class: Dear Parent, This letter is to formally notify you the This happened when:  [Delete the statements below that do A member of staff helped them to us They did not have their own asthma	Date:  nat your child has had problems with their breathing today.  o not apply to the action taken]
Child's Name: Child's Class: Dear Parent, This letter is to formally notify you the This happened when:  [Delete the statements below that do A member of staff helped them to use They did not have their own asthma emergency asthma inhaler containing the statements in the statements of the statements below that do a member of staff helped them to use the statements of the statement of the statements of the	Date:  nat your child has had problems with their breathing today.  not apply to the action taken]  se their asthma inhaler.  inhaler with them, so a member of staff helped them to use the g salbutamol. They were given puffs.  orking, so a member of staff helped them to use the emergency
Child's Name: Child's Class: Dear Parent, This letter is to formally notify you the This happened when:  [Delete the statements below that do A member of staff helped them to use They did not have their own asthmatemergency asthmatinhaler containing Their own asthmatinhaler was not we asthmatinhaler containing salbutaments.	Date:  nat your child has had problems with their breathing today.  not apply to the action taken]  se their asthma inhaler.  inhaler with them, so a member of staff helped them to use the g salbutamol. They were given puffs.  orking, so a member of staff helped them to use the emergency